

Sports Leaders Programme

(1-year course)

Want to
know more?

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Overview

The Sports Leaders Programme is designed to develop confident, healthy leaders through sport and physical activity. You will be required to plan, deliver and reflect on your ability to lead in a sporting context. This will be done through a combination of lessons and practical exploration of leadership, both in and outside of school.

What skills will I develop?

This course suits students who have a passion for sports and exercise, combined with an enthusiasm for developing the sporting opportunities for others within BGS and the local community. Previous experience of leading/coaching would be beneficial, but is not essential.

Along with developing your confidence and leadership skills, this course will enable you to serve in your local community working towards a qualification that can lead to further leadership opportunities in the future. Successful completion of this qualification will also provide you with 16 UCAS points if you intend to apply to university.

How will I be assessed?

Coursework

Students will be assessed by demonstrating their leadership skills through volunteering and the completion of their learner evidence record booklets.

Students are required to complete 12 hours of sports coaching within their community. As well as this they will run a 2-hour sports event.

Your learner evidence record is a booklet which you will be required to fill out throughout the duration of the course. You will go through a range of topics about the skills required to be a sports leader such as safeguarding, risk assessments, effects of physical activity and how to plan and lead a sports session successfully. Your tutor will mark your booklet week by week and leave comments.

Students will be observed on two of their sports sessions by a tutor who will give them feedback.

There is no exam component.